

 <h1 style="text-align: center;">February 2012</h1> 					
Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
		6:00am Power Ride,R 10:00am Forever Fit,L 12:15pm Power Sculp,L 5:30pm Power Ride,L 7:00pm Zumba,J	6:00am Total Body,Sh 8:30am Power Ride,M 5:30pm Circuit,M 6:30pm Yoga,Jo 7:30pm Zumba, St	6:00am Power Ride,L 6:00am Pilates,R 10:00am Forever Fit,M 12:15pm Power Sculpt,R	9:00am Circuit,M 10:30am Power Ride,M 12:00pm Family Zumba, S
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
6:00am Power Ride,R 10:00am Forever Fit,L 12:15pm Power Sculpt,L 4:30pm Yoga,Jo 5:45pm Circuit,M 7:00pm Cardio Party,J	6:00am Total Body,Sh 8:30am Power Ride,L 5:00pm Beg. Yoga,Jo <b>*6:00pm Power Ride,M</b> 7:30pm Zumba,St	6:00am Power Ride,L 10:00am Forever Fit,L 12:15pm Power Sculp,L 5:30pm Power Ride,R 7:00pm Zumba,J	6:00am Total Body,Sh 8:30am Power Ride,M 5:30pm Circuit,M 6:30pm Yoga,Jo	6:00am Power Ride,E 6:00am Pilates,R 10:00am Forever Fit,M 12:15pm Power Sculpt,R	9:00am Circuit,M 10:30am Power Ride,M
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
6:00am Power Ride,L 10:00am Forever Fit,L 12:15pm Power Sculpt,L 4:30pm Yoga,Jo 5:45pm Circuit,M 7:00pm Cardio Party,J	6:00am Total Body,Sh 8:30am Power Ride,L 5:00pm Beg. Yoga,Jo <b>*6:00pm Power Ride,M</b> 7:15pm Zumba/Toning,J	6:00am Power Ride,R 10:00am Forever Fit,L 12:15pm Power Sculp,L 5:30pm Power Ride,E 7:00pm Zumba,J	6:00am Total Body,Sh 8:30am Power Ride,M 5:30pm Circuit,M 6:30pm Yoga,Jo	6:00am Power Ride,L 6:00am Pilates,R 10:00am Forever Fit,M 12:15pm Power Sculpt,R	9:00am Circuit,M 10:30am Power Ride,M 12:00pm Zumba, J
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
6:00am Power Ride,R 10:00am Forever Fit,L 12:15pm Power Sculpt,L 4:30pm Yoga,Jo 5:45pm Circuit,M 7:00pm Cardio Party,J	6:00am Total Body,Sh 8:30am Power Ride,L 5:00pm Beg. Yoga,Jo <b>*6:00pm Power Ride,M</b> 7:15pm Zumba/Toning,J	6:00am Power Ride,L 10:00am Forever Fit,L 12:15pm Power Sculp,L 5:30pm Power Ride,R 7:00pm Zumba,J	6:00am Total Body,Sh 8:30am Power Ride,M 5:30pm Circuit,M 6:30pm Yoga,Jo	6:00am Power Ride,E 6:00am Pilates,R 10:00am Forever Fit,M 12:15pm Power Sculpt,R	9:00am Circuit,M 10:30am Power Ride,M
<b>27</b>	<b>28</b>				
6:00am Power Ride,E 10:00am Forever Fit,CX 12:15pm Power Sculpt,R 4:30pm Yoga,Jo 5:45pm Circuit,M 7:00pm Cardio Party,J	6:00am Total Body,Sh 8:30am Power Ride,CX 5:00pm Beg. Yoga,Jo <b>*6:00pm Power Ride,M</b> 7:15pm Zumba/Toning,J		<b>Please Note: Beginning on Monday, February 6, 2012, all Power Ride classes will be held in the Group Fitness classroom.</b>		